



Fast and Easy Face Mask

Time: 5 min | Difficulty: Easy | Expenses: \$

The mask has adjustable non-stretch tie, filter pocket and flexible nose piece. You can make masks in two sizes – adult and kid. The adult sized mask can be used by both men and women

SUPPLIES AND TOOLS:

- **main fabric** –100% cotton (tightly woven, prewashed)- 10"x 8" (adult) or 9"x7" (kids)
- **lining fabric** –100% cotton (tightly woven, prewashed)- 2 pieces -10"x 8"(adult) or 9"x7" (kids)
- **non-stretch cord at least 45" long** (e.g.ribbon, shoelace or synthetic clothesline)
- **filter** (optional)
- **crafting or floral wire** for the nose stay (optional)
- **scissors** (or rotary cutter and a cutting mat), **clips or pins, iron and ironing board**
- **sewing machine** (or you can do it by hand)

INSTRUCTIONS:

1. Cut the fabrics into 3 rectangles (1 from the main fabric and 2 from the lining fabric. Lay both fabric pieces on a flat surface with the pretty sides facing out. Then, pin them together.
2. Fold in half lengthwise and finger press to create a crease. Mark 2 inches in from left and right short sides.
3. Sew along the marks and leave the middle part unsewn. Pinch both top corners of the top layer and bring them to the bottom. Flip the whole thing around and repeat. This creates the filter pocket opening.
4. Place the main fabric on top of the filter pocket and pin them together with the right (pretty) side of the fabrics facing each other.
5. Sew around the mask using 1/4" seam allowance. Clip the corners close to the seams, but not through the seams. Turn the corners out but leave them a bit blunt
6. Press the mask to give it a nice finish. Fold the left and right sides about 3/4" inwards. Press again with a lot of steam.
7. To insert the cord, place the cord at both left and right folds you made. Push the cord inside the fold, so that you won't accidentally sew over it. Pin the folds in place.
8. (OPTIONAL) Cut and insert the nose piece stay. Cut the craft wire to 7" and curl both ends inwards about 1/2". Insert it through the filter pocket. Push it to the top, center it and pin in place. Sew through both fabrics right next to the craft wire to prevent it from moving.
9. Sew over the edge of the folds. Go slow and be careful not to sew over the cord. Backstitch several times at the beginning and the end of these seams to reinforce them. The cord will be pulling against them, so we want to make these seams as strong as possible.

How to wear the mask? To put it on put the bottom loop over your head and under your hair, then tie the top ties behind your head.

Congratulations! Your face mask is now ready. Let us know how you did. We would love to hear from you and see pictures of your face masks.



Full illustrated step by step instructions with VIDEO, fabric and materials recommendations at <https://hellowsewing.com/fast-easy-no-elastic-facemask/>