



# HAND CONTRACTURE CUSHION (regular)

cut 1

1/4" (6mm) seam allowance included

instructions: [hellosewing.com](https://hellosewing.com)



A



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# HAND CONTRACTURE CUSHION (large)

cut 1

1/4" (6mm) seam allowance included

instructions: [hellosewing.com](http://hellosewing.com)



**A**

**B**